

Emergency Foodshelf Network (EFN)

Minnesota's Free Food Bank

2009 Fact Sheet

In 1976, the Emergency Foodshelf Network (EFN) began as a coalition of foodshelves to create equal distribution and support among 12 member foodshelves. Today, EFN continues to grow as a full service food bank, providing quality, nutritious food and support services to 200 hunger relief organizations, including foodshelves, on-site meal programs, subsidized housing and other hunger relief programs throughout the state. Over 95% of the food EFN distributes is considered nutritious and several of our programs offer culturally specific and specialty foods that meet dietary needs of the many cultural populations served by our members. EFN helps its network serve over 1.5 million individuals per year with nutritious, quality food.

Year Founded: 1976

Family of Programs:
(Details on reverse side)

Agency Support	Mobile Foodshelf
Bulk Food Purchasing	African Food Project
Fare For All	Harvest For The Hungry
Fare For All Express!	Baskets Of Hope
All Seasons Food Rescue	Lost Harvest

Individuals Served Fiscal Year 2008: Over 1.7 million individuals

Efficiency: EFN prides itself in spending only 4% of its annual revenue on administration and 4% on fundraising. EFN meets all standards of the Charities Review Council.

Volunteers: Put in 126,000 hours of volunteer work in 2008.

Area Served: State of Minnesota

Value to Network: \$10 million in support and services

Staff Members: 22 FTE

Board Members: 11

What We Do: Provide high quality food and support services to our network of 200 hunger relief programs. Our members distribute millions of pounds of food to hungry Minnesotans every year. Over the years, these agencies have received additional technology support, volunteer services, grants and equipment repair from EFN. Learn more on reverse side.

How to Get Involved: Volunteer: Hands-on hunger relief great for groups.
Hold a Food Drive: Bring your organization together.
Donate: Help provide the specific nutritional items and support services our hunger relief members need most.

To learn more about how you can get involved, please contact us:

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Web: www.emergencyfoodshelf.org **Email:** info@emergencyfoodshelf.org

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Family of Programs Overview 2009



Agency Support. EFN has a long history of providing a range of services to our network of foodshelves, on-site meal programs and agencies as part of membership. These include IT services, volunteer services, grants, equipment assistance, delivery services and free food that is collected through community food drives. EFN saved agencies over \$4.8 million last year.

Bulk Food Purchasing is a program for hunger relief organizations looking to supplement the free food they receive. EFN's program allows agencies to purchase high-demand items like culturally specific foods and rarely donated items at the lowest possible prices. EFN agencies saved \$338,000 last year.



Fare For All is a budget stretching program covering 28 counties in Minnesota and South Dakota. The only qualification to participate is a promise to volunteer in the community. This 25+ year old grass-roots program offers \$40 worth of quality fruits, vegetables and meats for \$17. Packages are pre-ordered by participants and distributed by volunteer-staffed distribution sites. Over 118,000 individuals shopped Fare For All last year, saving over \$468,000.



Fare For All Express! is a mobile version of Fare For All (above) working with community partners to offer fresh produce and meats to customers who seek to expand their food budgets. Sales take place several times per week at locations all around the Twin Cities, including EFN's warehouse every Monday. (Contact us for locations.)

All Seasons Food Rescue (ASFR) rescues perishable food from restaurants, cafeterias and wholesalers that would otherwise go to waste and distributes the food to on-site meal programs. **The Lost Harvest** has rescued 1 million lbs. of fresh quality produce that would otherwise be dumped into landfills due to overabundance.



Mobile Foodshelf distributes free supplemental food to subsidized housing complexes and other food programs, like Loaves and Fishes, throughout the Twin Cities metro area. EFN provided \$605,000 in product and services through Mobile Foodshelf in 2008.

Baskets Of Hope is a holiday program that registers and distributes free meal packages to local families facing hunger. Each package features all the holiday fixings and feeds up to eight people. In the 2008 holiday season, EFN served 27,852 individuals through Baskets of Hope.

African Food Project was created in 2006 to provide familiar foods to East and West African families facing hunger in Minnesota. Culturally specific food packages are distributed to local African families each month. Over 14,000 individuals served in 2008.



Harvest for the Hungry is a partnership between EFN and Community Supported Agriculture (CSA) farms. Contributions are used to purchase quality produce at wholesale value for our hunger relief programs. In just its second year, almost \$104,000 worth of produce delivered in 2008.



For more information about any of EFN's programs, visit www.emergencyfoodshelf.org